With Wings

As a teenager, I hated when maxi-pad commercials flooded the TV screen, especially when my older brother sat beside me on the golden rod corduroy couch, witnessing my reaction to the winged white pads soaked with blue, gelatinous fluid, never red, never admitting the real animal stink and gore. I didn't want to admit my body bled and ached, pretended to be sterile as the lapis-soaked gauze on screen, nothing hot and bloody, nothing cramping and doubling me over, gritting my teeth. There was nothing as embarrassing as being a girl, sore and leaking dark knots of burgundy, a weakling to be abandoned by their herd.